

Menu

MEALS		Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	BREAKFAST	Pancakes	Oatmeal	French Toast Sticks	Oatmeal	Cold/Dry Cereal
	LUNCH	Alfredo Pasta Mixed Salad Garlic Bread	Fish Sticks Tater Tots Broccoli	Baked Chicken Mac Soft Carrots	Turkey Sandwich Chips Orange Slices	Quesadilla Corn Mixed Salad
	SNACKS	Clementines Goldfish	Grapes Veggie Straws	Fruit Cups Cereal Bars	Yogurt Pretzels	Banana Cookies
WEEK 2	BREAKFAST	Oatmeal	Waffles	Oatmeal	Pancakes	Cereal Bars
	LUNCH	Goulash Mixed Salad Garlic Bread	Hotdogs Tater Tots Carrots	BBQ Chicken Potatoes Broccoli	Pinwheels Sun Chips Apple Slices	Grilled Cheese Fries Oranges
	SNACKS	Peaches Cookies	Yogurt Pretzels	Mixed Berries Crackers	Apple Sauce Goldfish	Grapes Baked Chips
WEEK 3	BREAKFAST	French Toast Sticks	Oatmeal	Waffles	Oatmeal	Cold/Dry Cereal
	LUNCH	Hamburger Helper Celery Garlic Bread	Nuggets Tater Tots Broccoli	L/P Chicken Mac Soft Carrots	Toasted Turkey Celery Oranges	Corn Dogs Fries Apple Slices
	SNACKS	Watermelon Baked Chips	Grapes Sun Chips	Fruit Cups Cereal Bars	Yogurt Crackers	Pineapple Rice Cakes
WEEK 4	BREAKFAST	Oatmeal	Pancakes	Oatmeal	French Toast Sticks	Cereal Bars
	LUNCH	Pizza Rolls Pretzels Apple Slices	Meatballs Tater Tots Greenbeans	Baked Chicken Potatoes Broccoli	Grilled Turkey Panini Pretzels Celery	Turkey Burgers Fries Goldfish
	SNACKS	Pears Veggie Straws	Yogurt Cookies	Mixed Berries Crackers	Apple Sauce Goldfish	Apple Slices Mini Soft Pretzels

STUDENTS ARE WELCOMED TO BRING MEALS FROM HOME IF MEALS ARE NOT SUITABLE WITH PERSONAL DIET.